

SAILING INSTRUCTIONS

DATE

August 20, 2025

SCHEDULE

High Tide: 12:01pm

Skipper's Meeting	-	8:30 am
Morning Racing	-	10:30 am
Lunch	-	12:30 pm
Afternoon Racing	-	2:30 pm

REGISTRATION COST & DEADLINE

Registration is included with the Cat Gathering registration fee (\$40). The deadline to sign up is August 19th, 2025 at 4 pm.

REGATTA OVERVIEW

This event will consist of a series of windward-leeward races. The goal is to sail as many races as is safely possible within the day (final race ending before 4 pm). Races will be in Little Pleasant Bay, and will be moved to Pleasant Bay if the wind is preferable there. Lunch will not be provided, so bring a bag lunch to enjoy on Hog Island or on your boat. There are no bathroom facilities on the island. Please plan accordingly.

The top three finishers will receive a take-home award. The first place finisher will also be recognized on a perpetual award that will live at the boat yard. The awards will be announced for both the Cat Gathering and Arey's Nationals on the afternoon of Saturday, 23rd of August.

COMMITTEE BOAT RECOMMENDATIONS

- We recommend bringing:
 - Personal Floating Device (PFDs, required)
 - Handpump, paddle, anchor, whistle (required)
 - VHF radio (channel 71)
 - Water, lunch, hat, and sunscreen

RULES

The Regatta will be governed by the rules as defined in the current Racing Rules of Sailing. All participants are responsible for familiarizing themselves with the Racing Rules.

NOTICES TO COMPETITORS

If needed, notices to competitors will be posted on the office window. The Race Committee will monitor VHF channel 71 and will use this channel to communicate with competitors.

CHANGES TO THE SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 8:30am on the day of the regatta.

CHECK IN BEFORE START

Boats shall check in before the first start of the day with the Race Committee. Boats that withdraw from a race or decide not to start after coming to the racing area shall advise the Race Committee or ask a patrol boat to do so as soon as reasonably possible.

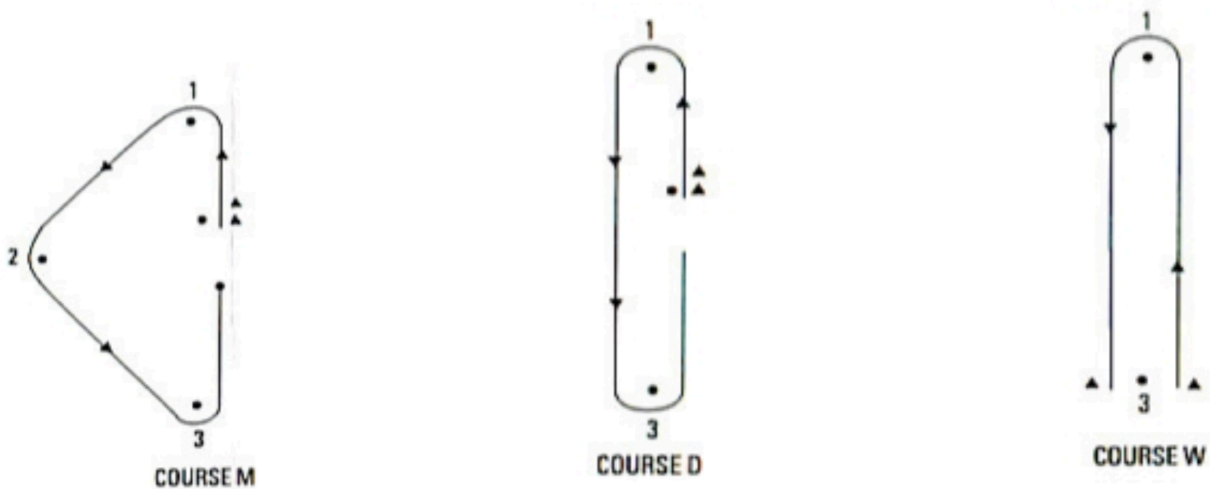
RACING AREA

Races will be in Little Pleasant Bay, and will be moved to Pleasant Bay if the wind is preferable.

COURSES & MARKS

A mark will be set across from the Race Committee boat to make up the starting line. The standard course (M) will consist of a windward mark (1) a gybe mark (2) and a leeward mark (3).

Shortened courses (D and W) will be implemented by the Race Committee as needed. Changes to the course will occur prior to the starting sequence and the Race Committee will raise the corresponding code flag to notify competitors.



STARTING AND FINISHING LINES; STARTING SEQUENCE

The starting and finishing lines will be between the flagstaff displaying the Race Committee flag aboard the Race Committee Boat and the course side of a nearby mark. Both start and finish lines are closed lines and shall be crossed sailing upwind.

The starting sequence will be five minutes and will follow the pattern below. Prior to the warning signal, or the raising of any flags (reef flag, postponement flag, course change, etc) the Race Committee will sound a series of quick blasts.

<i>Minutes before starting signal</i>	<i>Visual Signal</i>	<i>Sound Signal</i>	<i>Meaning</i>
5	Class flag	One	Warning signal
4	"I" flag	One	Preparatory signal
1	"I" flag removed*	One long	One minute
0	Class flag removed	One	Starting signal

**The removal of the "I" flag indicates that the starting line is closed and cannot be crossed. If a boat goes over the line between one minute and start they must round one end of the line.*

RECALLS

Individual recalls will not be given, it will be the competitors responsibility to round one end of the line if they are over the line early. If you do not round an end you will be marked Did Not Start (DNS). If five or more boats are over the line early the Race Committee will do a general recall, which will be indicated by two sound signals after the starting signal and the display of the code flag "N".

TIME LIMIT

Boats finishing more than 15 minutes after the fifth boat that sails the course finishes will be scored Did Not Finish without a hearing. This changes RRS Rule 35.

PENALTY TURNS

Fouling boats shall take a penalty turn by completing one successive tack and one successive gybe as soon as is reasonably possible and safe.

PROTESTS

Protest forms will be available at the APBY waterfront office. Protesting boats shall notify the Race Committee of their protest within 60 minutes after the race in question. Protest forms shall be delivered to the Race Committee as soon as possible once on land. Notes on what RSS rule was broken, protesting boat numbers and witnessing boats will be required.

Hearings will be held as soon as possible. The Protest Committee may award a penalty other than a Disqualification for infractions outside of Part 2, including a warning.

MARK ROOM

Paraphrase of RSS Rule 18: Boats who establish overlap prior to entering the three boat length zone around the mark must be given room to round until they exit the three boat length zone.

SCORING

If five or more races are completed in a series, the highest score for each competitor will be dropped from its final score. One race is required to be completed to constitute a series.

SAIL NUMBERS

All boats must have sail numbers on both sides of their sail in a contrasting color. Sail numbers shall be given to the Race Committee prior to the regatta, or when checking in on the water. Boats that do not carry a clear sail number may not be scored.

LIFE JACKETS

Coast Guard approved PFD's must be worn and fully secured at all times while afloat except for brief periods of time during which clothing is added or removed. This modifies Rule 40.

REEFING

If the wind is gusting over 15 knots the Race Committee will require all boats to carry a reef. The Race Committee will raise the reef flag (white flag with "R") and allow competitors 30 minutes to put in a reef. Any boats who do not carry a reef when the reef flag is raised will be disqualified.

POSTPONEMENT

If the wind is sustained over 17 knots the Race Committee will postpone racing and raise the postponement flag (code flag "N" over "H").

CREW SUBSTITUTIONS

Substitutions and changes in the crew of a boat during the regatta are not allowed. All races must be sailed with the same people on board.